

POP UP ACTIVITIES & MOVEMENT EXPERIENCES FOR SCHOOLS

SPRING 2022

Movement Evolution Scotland CIC. aims to increase the amount of fundamental movement education and freespirit sports opportunities in schools, as well as increasing the range of different movement experiences children can experience in school.



Pop Up Activities & Movement Experiences For Schools

Depending on your requirements including: the number participating; the amount of time available and your budget our sessions can be bolted together to create a whole day of activity. We would recommend discussing your requirements with one of our team to give you the best possible experience for your pupils.

TOUGH MONKEES OBSTACLE COURSE

The Tough Monkees Obstacle Course features a minimum of 10 of the Tough Monkees obstacles. Tough Monkees obstacles include: Ninja Steps; Climbing Walls; Monkey Bars; Balance Beams; See Saw; Hanging Tyres; Commando Parallel Bars; Wobbly Bridge; Bouncers; The Balls; Scramble Net; The Box; Tyres; and the 3D Spider Web.

During the session participants will spend time practicing each obstacle and developing skills to best take on the obstacles through movement games and activities, before taking on the complete obstacle course!

Maximum participants per session:

Primary 4 and under: 15 participants Primary 5 and older: 18 participants

60 minute session - £100 90 minute session - £150

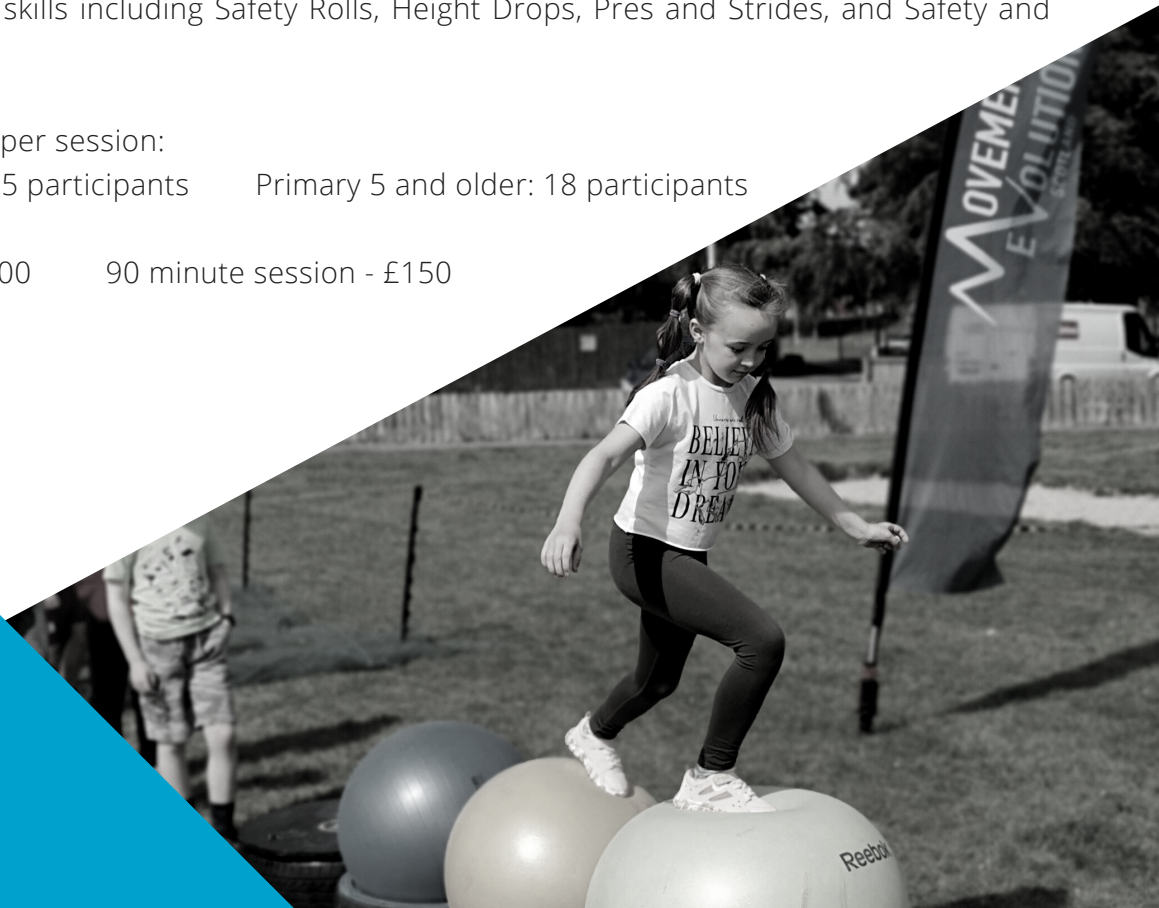
INTRODUCTION TO PARKOUR

During The Introduction to Parkour session participants will focus on learning and developing FUNdamental Parkour skills including Safety Rolls, Height Drops, Pres and Strides, and Safety and Speed Vaults.

Maximum participants per session:

Primary 4 and under: 15 participants Primary 5 and older: 18 participants

60 minute session - £100 90 minute session - £150



ATHLETIC SKILLS TEAM CHALLENGE

Split into teams participants take on various movement tasks and athletic skills challenges to earn points for their team. Challenges include individual tasks; partner tasks; and whole team challenges. This could be used as an in school competition such as a House competition.

Maximum participants per session:

Primary 4 and under: 28 participants Primary 5 and older: 32 participants

60 minute session - £120

90 minute session - £180

ADDITIONAL INFORMATION

Due to set up time there is a minimum booking of three hours of delivery time (this can be broken up with breaks if required to suit logistical requirements).

Travel time is included for any location in a 30mile radius of Banchory. An additional fee will be charged for locations beyond this.

For safety reasons we cannot operate in particularly wet weather, if this is the case then a full refund or change of date will be sought whichever suits the school.

ADDITIONAL ACTIVITIES

We are continually working to increase the amount of movement experiences and activities we can offer to schools. We look forward to being able to update this information in due course.



**MOVEMENT
EVOLUTION**
SCOTLAND

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